

Welcome to Watsonville First United Methodist Church

Ordinary Time

Sunday, August 27, 2023, 10 am

This Sunday is Lego Sunday!

First, children will be in worship. Following the Special Music, the teacher, Joan Culbertson, will lead our children to the Nursery Room.

Today's altar flowers are dedicated by Marieta Flores.

We welcome all visitors today! Thank you for being here and gracing us with your presence. Please fill out the "**Visitation Card**" found in the pew and either place it in the offering plate or deposit into the *Suggestion Box* back in the narthex.

Prayer Candles are located back at the narthex for anyone who wants to light a candle for someone or something and offer it to God in prayer.

Children are invited to enjoy the resources in the **Children Learning Center** located at the back of the sanctuary during worship. Children are welcome to check out books and activity items to take home by signing the simple "*Check-out Sheet*" on clipboard there.

Words of Meditation

That which haunts us will find a way out.

The wound will not heal unless given witness.

The shadow that follows us is the way in!

~ Rumi, 1207-1273

"That which you do not transform, you will transmit."

~ Richard Rohr

When we dare to allow a memory,

We invite a cutoff piece of life and self itself

To come back into view,

And in the process,

A gaping sore may be sutured

By the simple threads of memory.

~ Thomas Moore from his book *The Original Self*

"What you can feel, you can heal."

~ John Gray, author of *Men Are From Mars, Women Are From Venus*

"Nothing ever goes away until it has taught us what we need to know."

~ Pema Chodron

"If you can become aware of early trauma,
you can gain agency so that illnesses need not determine your fate."

~ Gabor Maté, MD

“By opening to darkness, we’re opening to light.”

~ Zenju Earthlyn Manuel

(*Please stand if you are able)

Prelude

Great is Thy Faithfulness
Chisholm & Runyan

Holly Ota

Bringing in the Light

Welcome & the Life of the Church

Rev. John Song

***Passing of Peace** (Wave to your neighbors near you with “**Peace of Christ be with you.**”)

***Centering Breath**

***Opening Prayer** (In unison)

Lord, may we know the presence of the Holy Spirit here with us today.

May we be open to your leading, sensitive to you speaking and alert to your calling.

Living God, we invite the same power that was at work

when Jesus was raised from the grave to be present with us here today. Amen

***Gathering Song**

Sanctuary

FWS #2164 (2x)

Children’s Time

“The Three Little Pigs”

Pastor John

Reading of the Prophet

Isaiah 43:19

“Behold, I am doing a new thing; now it springs forth, do you not perceive it?

I will make a way in the wilderness and rivers in the desert.”

***Gospel Reading**

Matthew 9:16-17

Parable of Old and New Wineskins

¹⁶ But no one puts a patch of unshrunk cloth on an old garment; for the patch pulls away from the garment, and a worse tear results. ¹⁷ Nor do *people* put new wine into old wineskins; otherwise the wineskins burst, and the wine is spilled and the wineskins are ruined; but they put new wine into fresh wineskins, and both are preserved.”

Epistle Reading

Romans 8:22-25 (The Message)

“All around us we observe a pregnant creation. The difficult times of pain throughout the world are simply birth pangs. But it’s not only around us; it’s *within* us. The Spirit of God is arousing us within. We’re also feeling the birth pangs. These sterile and barren bodies of ours are yearning for full deliverance. That is why waiting does not diminish us, any more than waiting diminishes a pregnant mother. We are enlarged in the waiting. We, of course, don’t see what is enlarging us. But the longer we wait, the larger we become, and the more joyful our expectancy.”

Leader: The word of God for the people of God.

People: Thanks be to God!

Choir Anthem

Never In A Million Years
Words & Music by John B. Peterson

*Children may now leave for Lego Sunday School
with the teacher, Joan Culbertson, to the Nursery Room.*

Message

Breath Work:
Part 5) **"Healing Trauma"**

Rev. John Song

Hymn

Have Thine Own Way, Lord

#382

Giving of Our Tithes and Offerings

Leader: Let us respond to this word of grace and hope by the giving of our tithes and offerings, which support the varied ministries of the Watsonville First United Methodist Church, mission at home and throughout the world.

Offertory

Pie Jesu
Gabriel Faure' / Arr. Smith

Holly Ota

*Doxology

Praise God, from whom all blessings flow

#95

Presentation of Offering

*Unison Prayer of Dedication

We come before you, O Lord, dedicating our gifts and our lives in your service. In gratefulness for calling us as your own, we offer you our thanks and praise. Receive our pledges and the gifts of our hands, and use them to bring light to the darkness and hope to places of despair and suffering, through our Risen Lord, Jesus Christ. Amen.

*Recessional Song

Hymn of Promise

#707

*Benediction [*This ends the Live Streaming]

Prayers of the People

- a. Sharing of Joys & Concerns (Please raise your hand & mic will be given to you)
- b. Pastoral Prayer

The Lord's Prayer/Padre Nuestro (You are invited to pray in the language of your choice)

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

Postlude

Sweet, Sweet Spirit

Holly Ota

*We warmly invite everyone to a delicious cup of Coffee,
refreshments and fellowship in the Social Hall following worship.*

Today's refreshments: Marjorie Martinez & Marieta Flores

*If you want to bring Refreshments in the future
you can sign up on the clipboard in the narthex or see Marjorie Martinez.

Worship Leaders

Pastor	Rev. John Song
Pianist	Holly Ota
Choir Leader	Carmelita Abenoja
Liturgist	Tahja Martinez, Febe Avitua
Greeters	Clarice & Harry Wiggins
Usher	Marieta Flores
Tech Team	Antonio Pantaleón, Lucila Pantaleón, Elizabeth Reitano
Nursery Attendants	Tatyana Martinez, Julissa Solis
Coffee Hour	Marjorie Martinez & Marieta Flores

Calendar for the Week

Sun., Aug. 27	10:00 am	LEGO Sunday
	11:10 am	Coffee Hour, Social Hall
	11:30 am	30 min Q&A with the Pastor on Sermon , St. Stephen's room
	11:40 am	Choir Rehearsal, Sanctuary
Mon., Aug. 28	1-3 pm	Sewing Group , St. Stephen's room
Sun., Sep. 3	10:00 am	Communion Sunday
	11:10 am	Coffee Hour, Social Hall
	11:30 am	30 min Q&A with the Pastor on Sermon , St. Stephen's room
	11:40 am	Choir Rehearsal, Sanctuary

Opportunities

Meals for Pajaro Flood Recovery Volunteers

The volunteer team from our Conference to help with the recovery effort for the flood victims in Pajaro will be staying with us again on **Friday, September 8** and **Saturday 9**; then again on **Friday, September 22** and **Saturday 23**.

If you would like to prepare breakfast, lunch or dinner for a group of 6 workers please contact Carol Parker at [\(831\) 728-3852](tel:8317283852) or lomasslough@gmail.com.

30 min Q&A with the Pastor on Sermon during the Summer
(Every Sunday from 11:30 am – 12 noon, St. Stephen's room)

Crop Hunger Walk

Sat. Sep. 30, 8:30 am @ front of Watsonville First UMC

Day Workshop on Forgiveness

By Dr. Peter Coster

Oct 7, 10 am – 3:30 pm, Social Hall

Church Website: watsonville1stumc.org

Email: office@watsonville1stumc.org | Phone: (831) 724-4434

229 Stanford Street, Watsonville, CA 95076

Baptism, Membership, Wedding, Funeral, and Pastoral Counseling are available